

Little Minds, Big Emotions

Understanding Anxious Children



Learn to Spot the Signs, Understand Their Thinking
Patterns, and Discover Essential Resources for
Parents and Caregivers

Thursday, November 28, 2024

6:30 PM - 8:00 PM

William King Elementary

91 St. Pauls Avenue, Herring Cove

(Light Refreshments will be provided)

Schools
Écoles **Plus**
NOVA SCOTIA / NOUVELLE-ÉCOSSE

A Partnership with HRCE Schools Plus

Please contact Martine Benson at mbenson@hrce.ca or 902-476-0130

Text to register!